



Wollongbar Public School

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Website: <https://wollongbar-p.schools.nsw.gov.au/>

Principal: Jennifer Thomas

Thursday 5th September 2019

Term 3, Week 7

Volume 7



Education
Public Schools

Calendar

Week 7

06/09 Assembly 5/6D
11:30am

Week 8

09/09 Young
Communicators
Finals Begin

11/09 Young
Communicators
Assembly
9:30am

12/09 MusicCorp Concert
in Hall 7:00pm

13/09 NC PSSA Athletics
Assembly 4C
11:30am

Week 9

18/09 Kindergarten
Excursion

20/09 Assembly 3/4J
11:30am

Week 10

24/09 Paddock to Plate
Excursion 1R & 1H

26/09 Dolphin Dreaming
Excursion 1/2M &
2R

27/09 Last Day of Term 3
Assembly
11:30am

Term 4

Week 1

14/10 Students
Commence

18/10 Assembly 2/3N
11:30am

Week 2

22/10-23/10
Interrelate

25/10 Assembly 3B
11:30am

Professional Learning

New PDHPE Scope +
Sequence

For more events on our
Calendar, please go to:

<http://www.wollongbar-p.schools.nsw.edu.au/>

Principal's Report

Thank you to everyone who attended our Social Media and Online Safety Information Session with Senior Constable Struan Presgrave on Monday night.



Included with the newsletter this week is an information sheet from website of The Office of the eSafety Commissioner about mobile phone readiness. Some key questions to determine whether your child is old enough for a mobile phone:

1. Does my child have a good sense of responsibility?
2. Are they able to stick to the rules?
3. Do they show a good understanding of actions and consequences?
4. Do they come to me or another trusted adult when they are distressed or encounter problems?

Our school's procedures around the use of mobile phones are:

1. Students

Where students bring mobile phones to school, the mobile phone is to be signed in and left at the Office on arrival. Students may collect their phone at the end of the school day by signing for the return of the phone.

2. Parents

Parents are not to use mobile phones in classrooms, at assemblies, meetings, presentations or in any other way that would interrupt the learning time of students or work of staff.

Did you know that the Office of the eSafety Commissioner is also on Facebook? Today's entry:

Jennifer
Principal




2019 Planner

Term 3	Monday	Tuesday	Wednesday	Thursday	Friday
7	2 Sep. Young Communicators Stage Presentations Online Safety Info Session 6:00pm	3 Sep. Touch Football Gala Day	4 Sep. 7pm P&C Mtg	5 Sep.	6 Sep. Assembly 5/6D
8	9 Sep. Young Communicators Finals	10 Sep.	11 Sep. Young Communicators Final Assembly 9:30am Bookclub Issue 6 Due	12 Sep. MusicCorp Concert in Hall 7:00pm	13 Sep. NC PSSA Athletics Assembly 4C
9	16 Sep.	17 Sep.	18 Sep. Kindergarten Excursion	19 Sep.	20 Sep. Assembly 3/4J
10	23 Sep.	24 Sep. Paddock to Plate Excursion	25 Sep.	26 Sep. Dolphin Dreaming Excursion	27 Sep. Last Day of Term 3 Assembly 2R
Term 4	Monday	Tuesday	Wednesday	Thursday	Friday
1	14 Oct. Students Commence	15 Oct.	16 Oct.	17 Oct.	18 Oct. Assembly 2/3N
2	21 Oct.	22 Oct. Interrelate	23 Oct. Interrelate	24 Oct.	25 Oct. Assembly 3B
3	28 Oct.	29 Oct.	30 Oct.	31 Oct.	1 Nov. Kinder Transition Assembly 1/2M
4	4 Nov.	5 Nov.	6 Nov. 7pm P&C Mtg	7 Nov. Dental Visit	8 Nov. Kinder Transition Remembrance Day Ceremony Assembly 1H
5	11 Nov.	12 Nov.	13 Nov.	14 Nov.	15 Nov. Kinder Transition Assembly K/1R

UPCOMING EVENTS

Who	Event	Payment Due Date	Cost
Whole School	School Contributions & Technology Levy	27 th of September 2019	\$87 / Student \$117 / 2 Students \$147 / 3 Students \$147 Plus \$20 Per Student / 4 or More Students
Year 5 2020	Laptop Purchase Program	Thursday 21 st of November 2019	Option 1. Complete payment of \$439.40 up front and payment of the remaining \$1 on graduating Year 6 Option 2. Deposit of \$239.40 up front with consecutive payments. 4 term payments of \$50 and payment of the remaining \$1 on graduating Year 6
Years 3 & 4 - 2020	Coffs Coast Adventure Centre 2020	Wednesday 25 th September Wednesday 30 th of October Wednesday 27 th of November Wednesday 12 th of February	\$180 / Student \$60 / Student \$60 / Student \$60 / Student
Years 5 & 6 - 2020	Great Aussie Bush Camp 2020	Wednesday 25 th September Wednesday 30 th of October Wednesday 27 th of November Wednesday 12 th of February Wednesday 11 th of March	\$215 / Student \$100 / Student \$100 / Student \$100 / Student \$100 / Student
Kindergarten 2019	Summerland House Farm Excursion	Friday 13 th of September	\$11 / Student
1/2M & 2R 2019	Dolphin Dreaming Excursion	Monday 16 th of September	\$18.50 / Student

1H & 1R 2019	Paddock to Plate Excursion	Tuesday 24 th of September	\$6 / Student
<p>Unfortunately, students who have not paid and brought in a permission note by the due date for these events will not be able to participate. Please visit the school website to make a payment online.</p> <p> is available at our school from 8.30am-1.30pm</p> <p>Permission Notes MUST be accompanied by payment or they will be returned to your child.</p>			

SCHOLASTIC BOOKCLUB ISSUE 6

Book club has been issued and is due back at school on:

Wednesday 11th September 2019

Unfortunately, we will not be taking any late orders.

Please remember to write your child's name clearly on ALL order forms.

Book Fair

On behalf of Wollongbar Public School, I wish to thank the parents, the students, the staff and the Wollongbar community for their support during the 2019 Book Fair. Book donations from families and from local businesses such as One Agency Manwarring Property Group and Dynasaw Tree Services are much appreciated. We sold a whopping \$5386 worth of books enabling Wollongbar to redeem \$2154 worth of Scholastic resources.

I would like to say a massive thanks to parents and carers for their effort towards their children's Book Parade costumes. The staff and student's had a ball getting into character and sharing their love for reading.

Anna
Librarian

We Need Your Help!

As the drought continues out west and our farmers are struggling, the WPS SRC have decided to help toward the Drought Appeal.

Families are asked to donate non-perishable food items that are in date and not in rusty cans. All food donations are welcome as well as pet foods, toiletries and laundry products.

So let's get together and show our farmers they are not forgotten, they are appreciated and maybe we can lift their spirits during this hard time they are going through.

Students, please bring in all donations to your classroom by September 13th. Each class will count their donation items, the class with the most items by the cut off date will be the ice-block winners of the drive.

Remember, every little bit counts so let's get involved!

Nicole
SRC Coordinator

Musicorp Young Performers Concert

The young Musicorp musicians from Wollongbar Public will be showing off their talents in a concert at the School on Thursday 12th September. The concert will be held in the hall and starts at 7.00pm. Students may wear neat casual clothes to help them feel more comfortable. Everyone is welcome to come along and cheer on these young performers.

Mark
Music Teacher

Now Enrolling @ Kindergarten 2020



Important Dates:

Kindergarten Appointments and Tours: 25th July to 26th October 2019

Transition Day 1:	November 1 st 2019	12pm – 3pm
Transition Day 2:	November 8 th 2019	12pm – 3pm
Transition Day 3:	November 15 th 2019	12pm – 3pm
Transition Day 4:	November 22 nd 2019	12pm – 3pm
Big Day at School:	November 29 th 2019	9am – 3pm



Book your
Kindergarten
Appointment and
Tour by contacting
the school on
6628 1302

For more information please contact Wollongbar Public school on 6628 1302

Or by email: Wollongbar-p.school@det.nsw.edu.au

Wollongbar P&C

Superstars! Obstacle Course

Thanks again to everyone who showed interest in the Superstars Obstacle Course. Unfortunately, after serious consideration, we have decided to cancel the event.

DISCO! Thursday 24th October

Our last disco of the year is Halloween themed...it's sure to be a SCREAM!! Drop off your Wollongbar school kids at 5:30, then come join other parents in the Library for a Meet & Greet (or just come back at 7:30).

Disco entry is \$2. The canteen will be open (keep your eyes peeled for the menu in the next few weeks).



Special Food Day - SUSHI!!

Skip making lunch on Friday 13th September by ordering a Sushi pack in our special food day. **A pack includes 1 Sushi roll, a drink (popper or water) and a moozie for only \$6.50.** Order online via our Facebook event or complete the form below and hand it in at the office by **Wednesday 11th September.**



Sushi Menu: Avocado
Salmon & Avocado
Tuna & Avocado
Chicken Teryaki
Vegetarian Special

Soy Sauce/Ginger/Wasabi - 10c each (please circle on order form)

Drinks: Apple Popper
Orange Popper
Tropical Popper
Apple & Blackcurrant Popper
Water



Special Food Day - SUSHI Order Form

Child's name _____ Class _____

Sushi roll _____ Soy Sauce/Ginger/Wasabi Drink _____

Child's name _____ Class _____

Sushi roll _____ Soy Sauce/Ginger/Wasabi Drink _____

Child's name _____ Class _____

Sushi roll _____ Soy Sauce/Ginger/Wasabi Drink _____

Child's name _____ Class _____

Sushi roll _____ Soy Sauce/Ginger/Wasabi Drink _____

Amount enclosed \$_____

LEMONS...WE WANT YOUR LEMONS!!!

Do you or someone you know have lemons falling off the trees right now??? If so the P&C wants them!!! Please bring them in to the office at school.



We love our volunteers

The P&C would like to thank all our volunteers for their generous donation of time and skills.

Do you know someone who helps and deserves recognition? Please put their name in the "Thank You" box in the office. Remember to put your own name in the box each time you volunteer!

We would also like to say a huge thank you to Mel and Mick from Alstonville Plaza Butcher and Deli who will be donating a \$20 voucher each month to one lucky volunteer.

You can reach the P&C team via wollongbarPC@hotmail.com, <https://www.facebook.com/wollongbarPC> or Anna (President) on 0410.594.676

What's happening?	When?	Where?
Fundraising Meeting	6 November, 6pm	The Tavern
P&C General Meeting	6 November, 7pm	Staff Room



Have your kids met Monkey?

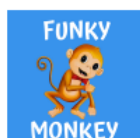


Individual or album
download

Free listen to
"Monkey and the Tip Truck"

Character created by local author
and mum, Julia Jane

**Fun audio stories and songs
with cool kid's sound effects**



Funky dance
action song

Stimulate the mind!
Let the kids create the scenes
with their own imagination.



30+ mins
listening
entertainment

A local creation! A Northern Rivers Mum!



monkeyforkids.com



Your child's first smartphone – are they old enough?

Children often have access to devices, including smartphones, from a very young age. Whether it's watching their favourite program through streaming services on your phone, using educational apps or simply viewing photos with you and the family, they are engaging with devices in one form or another.

But when is my child old enough to be given their own mobile phone?

In 2012, the Australian Bureau of Statistics revealed children as young as five years old owned a mobile phone – two percent of children aged between five and eight years old, and 29 percent for children aged five to 14 years. This figure is likely to be higher now!

For many parents and carers, five years old would seem too young. For others, it might offer them peace of mind and security to know they can keep in touch with their child—especially in an emergency.

The right age for your child will depend on their level of maturity. It's worth asking yourself the following questions before handing over a digital device.

- Does my child have a good sense of responsibility?
- Are they able to stick to the rules?
- Do they show a good understanding of actions and consequences?
- Do they come to me or another trusted adult when they are distressed or encounter problems?



For younger children it's best to start with a mobile phone without internet access, and introduce a smartphone when they demonstrate an appropriate level of maturity. Some younger children might argue that they are ready for a smartphone, especially if their friends already have one. But it's worth holding out until you feel confident that your child is mature enough.

My child has their first smartphone – now what?

When your child receives their first smartphone it's a great opportunity to instil safe online behaviours early on, so they can carry these skills through to their teens and beyond.

Here are some tips for getting them on board with good online habits.

Establish rules at the outset with clear boundaries

Talk about expectations and the consequences for not meeting these rules. Depending on the age of your child, you might want to set up a written signed agreement which lists the rules.

Here are some you may want to agree on:

- No phones after a certain time (i.e. 8.00 pm) – unless in an emergency.
- Keep to daily screen time limits (i.e. 1 hour per school night).
- Family time is a no-phone zone (i.e. dinner).

- Do not share your passwords with others – apart from parents.
- Do not share your real name (or full name), age and address when posting, talking to strangers or on sites where anyone can see it.
- Be kind to people – treat people on the phone as you would face-to-face.
- Do not take or share photos of others (including friends) without their permission.
- Tell a parent or another trusted adult if anything makes you feel uncomfortable, or if a stranger contacts you online.
- Do not purchase or download an app or game without talking to a parent first—especially as these often have minimum age requirements.

Use technology tools to help set the boundaries to keep your child safe

Use parental controls to help manage your child's device and the types of content they can access. Most devices come with parental controls and offer a range of features:

- iPhone: Go to Settings > General > Restrictions. Here you can disable apps or features, prevent access to explicit content and specific webpages.
- Android (Google Play): Go to Play Store > Settings > Parental controls. Most Android phones use Google Play as the digital marketplace for purchasing apps and accessing content. Through Google Play you can restrict the content your child can download or purchase from Google Play.
- Google's Family Link is an app for parents to help manage their child's device and account and offers additional layers of protection. It enables parents to set screen time limits, review app permissions (such as their camera, location, contacts), block apps and approve downloads, block sites and filter content.
- You can also check with your mobile service provider if they offer any parental control tools.

Activate any privacy settings and safety features available on the device, in web browsers and apps. In some cases you can do this through parental controls or when installing apps on their phone. Carefully consider permissions and whether apps really need to access your child's location, contact list, messages and other features.

Help your child set up a pin or password to lock their phone. In addition to protecting their personal information, this will ensure that no one else can use their phone.

Help your child set up strong and unique passwords for their apps and websites. Even if the phone is locked, apps and websites can be accessed from other devices.



Communicate openly with your child, establish and maintain trust

Most importantly, communicate openly with your child about their phone and online use. It's not possible to supervise your child 24/7 and no technology tool is 100 percent effective in protecting them from online risks. So it's really important to establish and maintain trust.

- Talk openly and regularly with your child about their online activities. Show them that you are interested in how they connect with friends, who they talk with and the type of sites they visit.
- If you are using parental controls, be upfront about this and get them on board. Let them know that these can be reviewed and changed as they get older and they continue to demonstrate responsible behaviour.
- Talk about positive online behaviour and about respecting others online. Encourage your child to think carefully before they post, text or share comments or photos so they don't hurt or upset others. Remind them there is a real person at the end of the screen.
- Encourage your child to come to you (or another trusted adult) if they are upset because of an online experience, even if they think they are to blame.



YOUR COMPUTER WIZZARD

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FREE DENTAL FOR ALL CHILDREN AGED UNDER 18

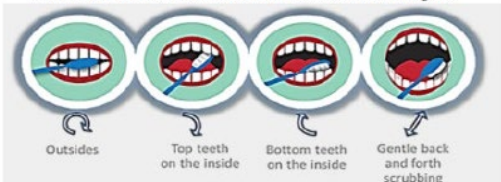
Available at NSW Health public dental clinics in Tweed Heads, Pottsville, Byron Bay, Ballina,
Goonellabah (Lismore), Casino, Nimbin, Coraki, Yamba and Grafton

Call 1300 651 625 to book a visit for your child

Too many snacks and sugary drinks increase the risk of tooth decay

- Stick to 3 healthy meals and allow only 2 healthy snacks each day
- Avoid packaged foods and drinks that have hidden sugar
- Fresh fruit, veggies, milk, cheese and yoghurt are easy healthy choices
- Drink water instead of sugary drinks

How to Brush : Move a soft toothbrush in small circles over teeth and gums



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Many tracks, one road, sustaining community.
Northern Rivers Community Gateway

Spring Vacation CLUB



**Rainbow
region
kids**

Rainbow Region Kids Vacation Club
is now taking bookings for the Spring
2019 school holidays in Casino, Kyogle,
Lismore, Ocean Shores and Wollongbar!

**For enquiries and to enroll, call 02 6624 7397
and 0447 211 835, or email rrkassist@nrcg.org.au**

A242-V1-20190828



nrcg.org.au



HeartKids

**TWO FEET &
A HEARTBEAT**

Charity Walk
Sunday 8 Sept

Walk 4km to support
families living with
congenital heart disease -
a leading cause of
death of Australian
infants

Family entry \$80
(2 adults & up to 3 kids)
Adult \$30
Child \$10
Under 1 Free

Your local event is:

REGISTER NOW
[heartkids.org.au/
twofeet](http://heartkids.org.au/twofeet)



Supporting heart kids through life